

Section 4

The Path to Success

Golf Out of Control

By now you should have a new found freedom in your golf swing. The motions, feels, fluidity and balance of a great swing should now be yours (or at least a lot closer than it was). What was the price? Just some fun little exercises. Not exactly a high price to pay considering that if done thoroughly then you now have an aspect in your swing that very few golfers own. Freedom is awesome!

It is very true that golf can't possibly be a long list of mechanical rules and regulations. There are too many examples throughout the history of our sport that prove this point. However in the next two full sections I am going to prove that ***absolutes do exist***. What I mean is that while there are many different versions of a proper golf swing and there are many variations in the history of golf swings; there are aspects of great golf that have never changed, will never change and in fact can never change.

I am referring here to aspects of impact. You see the ultimate point of any golf swing is to send the ball to its target. I need you to understand something very important about this; the golf ball is not an intelligent being. Golf balls have no idea that we talk to them (though you know that you do), they have no idea how "perfect" your swing mechanics are and they don't actually respond to your pretty timing, tempo or balance. Golf balls only respond to one thing, that one thing is impact. When the clubface strikes the golf ball everything that is going to happen to that shot is determined. In that instant in time (and at no other) EVERYTHING is determined.

With this undeniable truth it is astonishing to me that so few golfers even know what actually needs to happen during impact in order to create a good golf shot! In my experience (over 20 years as a teacher) I in fact have never taught someone who knew them. You see there are 5 ball flight LAWS. The science of physics proves that these five aspects of impact MUST occur in order to hit a truly good golf shot.

To help drive this point home I often ask my students if they have ever, even once actually hit a good golf shot. Almost everyone has hit at least one! "*Well, yes Tim as I told you I am a 10 handicap. Of course I have. I hit a lot of good shots.*" What I have to inform them of at that point is another undeniable fact. Any and every good shot that they've ever hit (before today) has to be defined as an accident! It's not just a funny comment; it's a literal truth! I mean physics proves that these 5 aspects (ball flight laws) must be present at impact in order for a good shot to occur; if you truly have ever hit a good golf shot then by definition these 5 things had to have occurred. Since you didn't even know what they were when you hit those shots then by definition – ACCIDENT!

In this section (Path to Success) there are 4 chapters and in these four chapters we will work through two of the five ball flight laws. In the next section we will work through two more. And the final one will take care of itself.

Life Out of Control

*Therefore, if anyone is in Christ, he is a new creation;
the old has gone, the new has come!
2 Corinthians 5:17*

CHERRY'S STORY

STILL UNDER CONSTRUCTION